

“Twinkle” Marie Manning’s newest book holds your grief sacred during this holiday season! *Blue Christmas, A Guided Retreat to Ease Your Heartache and Bring Peace of Mind* is designed to be used as a self-led retreat to guide you in quiet reflective moments during the holiday season. It is where you can contemplate and document your inner-most thoughts, feelings and beliefs.

Holidays can be emotional and challenging times laden with sadness, worry and fear. Stress and heartache, especially grief, are often amplified. The holidays, while filled with light, can create palpable darkness. *Blue Christmas* meets you where you are.

Twinkle has curated prompts about grief and the grieving kaleidoscope that range from soothing to inspiring. Some will stimulate processing, most will evoke comfort, and all will be a cradle of compassion for those who are grieving.



Blue Christmas is part of the Matrika Press *Blessing Book* series. Blessing Books are a source of intentional inspiration to be used to record personal messages in times of contemplation. At the heart of Blessing Books is the desire to share sentiments, messages and stories that we can draw upon as sources of comfort and a reminder that we are loved. Wherever you are on your journey, may this Blue Christmas Blessing Book serve you well.

Click one of the links below to purchase your copy of *Blue Christmas!*

United States:



Worldwide:



For resources including rituals Blessing Stones & Ornaments, visit: MatrikaPress.com/Blessing-Books

Rev. “Twinkle” Marie Porter-Manning is an interfaith minister, skilled ritualist, liturgist and artist who has been leading workshops and seminars in the secular and spiritual worlds for more than two decades. She actively develops and leads programs that nourish spirituality. Her rituals, reflections and poetry have been included internationally in all manner of worship services and publications. Other published works include *Be Like the Trees*, *Pulpit of Peace*, the *Women of Spirit* anthology series, *Intentional Visualization* and *Living Life as a Prayer*. Her community ministry, affectionately known as *Twinkle’s Place*, has grown to encompass multifaceted offerings, including wedding officiating and the emergence of The Church of Kineo. She continues to hosts a variety of retreats and spiritual programs.



For more information about Twinkle and her work:

- www.MooseheadLakeRetreats/twinkle-marie-manning
- www.MatrikaPress.com/twinkle-marie-manning
- www.TwinklesPlace.org

Be sure to leave uplifting and positive reviews on “Twinkle” Marie Manning’s [AMAZON Author’s Page](#) and [GOODREADS Page](#).

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